

# FIVE ANIMAL KENPO

## 2nd Degree Technique Review

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### STICK TECHNIQUES

#### STICK VS. STICK

1. "Mirrored Storms Join Alliance." (Round)
2. "Clearing Storms Seek Separate Paths." (Back)
3. "Storm of Darkness Seizes the Wind." (Overhead)
4. "Coveted Storm Accepts Rebuke." (St. Thrust)

#### STICK VS. KNIFE

5. "Deadly Storm Contains the Lance." (Round)
6. "Repeating Storm Discards the Lance." (Back)
7. "Evasive Storm Outwits the Lance." (Overhead)
8. "Relentless Storm Smothers the Lance." (Thrust)

#### STICK VS. NUNCHAKU

9. "Surprising Storm Disrupts the Flail."  
(Continuous Twirl)
10. "Luring Storm Tempts the Flail."  
(Chambered Over the Shoulder)

#### STICKS VS. STAFF

11. "Falling Storms Bury the Cudgel."  
(Round to Head)
12. "Tracking Storm Frees the Cudgel."  
(Round to Leg)
13. "Twin Storms Clear the Cudgel."  
(Round to Leg / Countered)
14. "Whirling Storms Charge the Cudgel."  
(Cinch Backhand to Head)
15. "Gathering Storms Defeat the Cudgel."  
(Backhand to Leg)
16. "Descending Storms Engulf the Cudgel."  
(Overhead)
17. "Universal Storms Pin the Cudgel."  
(Lift Cinch to Groin)
18. "Flashing Storms Consume the Cudgel."  
(Straight Thrust.)

### STAFF TECHNIQUES

#### STAFF VS. STICK

1. "Cudgel Rises from the Storm."  
(Staff Pressed Downward.)
2. "Cudgel Escapes Approaching Storm."  
(Sticks Clear Staff & Charge Forward.)
3. "Cudgel Sways on Crossing Storms."  
(Staff Lifted by Crosswedge of Sticks.)

#### STAFF VS. KNIVES

4. "Cudgel Repels the Lances."  
(Slide Down Staff and Cut.)

#### STAFF VS. NUNCHAKU

5. "Cudgel Controls the Spinning Flail."  
(Trap / Spin Side Kick. )
6. "Cudgel and Flail Yield to Dueling Branches."  
(Trap / Side Kick to Knee.)
7. "Cinching Cudgel Unthreads the Flail."  
(Staff Lifted Upward.)

#### STAFF BEING GRABBED

8. "Cudgel Seized at Inner Gate."  
(Grab on Inside Line.)
9. "Cudgel Seized at Outer Gate."  
(Grab on Outside Line.)

#### STAFF VS. STAFF

10. "Cudgel Seeks the Void."  
(Any Attack Disengaging from the Center.)
11. "Shaking Cudgel Returns the Favor."  
(Track Down to Hit Hand.)
12. "Circling Cudgel Returns Home."  
(Press Lateral than Slash Opposite.)
13. "Cudgel Clears, then Spears." (Round to Head.)
14. "Cudgel Swings above the Branch."  
(Round to Leg.)
15. "Cudgel Falls to Earth then Returns to Heaven."  
(Back Cinch to Head.)
16. "Shielding Cudgel Soars to Clouds."  
(Back Twirl to Leg.)
17. "Cudgel Clears the Sky." (Overhead to Head.)
18. "Cudgel Prunes the Shrub." (Lift to Groin.)